

Golytely Prep

To take GoLYTELY, first mix the powder with lukewarm water to the 4-liter line and shake well, then refrigerate the solution.

Day Prior to Colonoscopy Exam

At approximately 4 P.M., start drinking 8 ounces of the chilled liquid every 15–20 minutes until you **complete one half of the solution**.

Day of Colonoscopy

At least 5 hours before the arrival time for your procedure **drink the other one-half of the Golytely mixture**. You must be finished within 3 hours of the procedure.

Examples:

Appt at 7:00 a.m. take second dose of Golytely mix at 2:00 a.m. Finish within 3 hours of procedure

Appt at 8:00 a.m. take second dose of Golytely mix at 3:00 a.m. Finish within 3 hours of procedure

Appt at 9:00 a.m. take second dose of Golytely mix at 4:00 a.m. Finish within 3 hours of procedure

Appt at 10:00 a.m. take second dose of Golytely mix at 5:00 a.m. Finish within 3 hours of procedure

Appt at 11:00 a.m. take second dose of Golytely mix at 6:00 a.m. Finish within 3 hours of procedure

Appt at 1:00 p.m. take second dose of Golytely mix at 8:00 a.m. Finish within 3 hours of procedure

- Do Not Drink Anything By Mouth 3 Hours Before The Arrival Time For Your Procedure.

- You may take your heart, blood pressure, anxiety, and asthma/lung medications (less than 3 ounces of water) no more than 2 hours the morning of your procedure. Bring inhalers with you.